

Understanding your Problem List within your Current Health Issues section in MyClevelandClinic

Your Cleveland Clinic electronic medical record contains a **Problem List**. The Problem List details any ongoing health issues that currently affect your well-being. You can view this information for yourself in the **Current Health Issues** section of your MyChart® account.

During your medical appointments, your provider adds and updates your diagnosed conditions on your Problem List, including health issues that may need further testing before a diagnosis is made. Your provider also adds concerns that could affect your health in the future. This information can be seen by all of your caregivers at Cleveland Clinic, which helps your healthcare team understand your overall health.



What problems **should** be included on my Problem List and in my Current Health Issues?

- **Any disease or condition that is chronic.**
Ex: congestive heart failure (CHF), diabetes type II, chronic lower back pain, depression
- **Medical issue from the past that could affect your health now or in future.** *Ex: colon cancer, gastric bypass surgery, family history of breast cancer, gestational diabetes*



What problems **should not** be included in my Problem List and in my Current Health Issues?

- **Temporary health concerns.**
*Ex: influenza (Flu), urinary Tract infection**
- **Past issues that no longer affect your health.**
Ex: pneumonia from several years ago that has not reoccurred, a past surgery

*Your provider will still add information about your treatment for these issues to other locations of your medical record. You should always discuss all of your current symptoms with your provider.

You can submit a request in MyClevelandClinic to have a health issue added or deleted from your Current Health Issues and Problem List. At your next appointment, your provider will review the request with you and update your record as needed. If you are not sure about a particular health issue, please ask your provider at your next appointment.

When requesting to add or delete a problem, including detailed information in the Comments section can assist your provider in understanding your request.

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Comment Examples:

Problem: Diabetes Type II

Initially developed high blood glucose 2010, first treated with diet and exercise, started oral meds 2012, initiated insulin 2015. Currently taking 20 units of Humulin twice a day, usual blood glucose runs 120-160.

Problem: Chronic Low Back Pain

Started 2012 after injury, tried physical therapy without success. Surgery on lower back in 2017 with residual chronic pain treated with non-steroidal anti-inflammatories with moderate pain control.